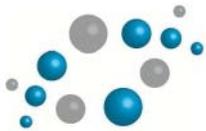




Renee Parisio ©

April - June 2016



Seattle Institute for Biomedical and Clinical Research Spotlight Feature

JOSE GARCIA, MD, PHD



Jose Garcia, MD, PhD is a Clinician Investigator in the Geriatric Research, Education and Clinical Center (GRECC) at the VA Puget Sound Health Care System (VAPSHCS) and an Associate Professor in the Department of Medicine, Division of Gerontology and Geriatric Medicine at the University of Washington. Dr. Garcia joined the VAPSHCS in January 2016 from the Michael E. DeBakey Veterans Affairs Medical Center and Baylor College of Medicine in Houston, Texas.

Dr. Garcia's current research focuses on the role of ghrelin, androgens and other anabolic pathways in different wasting conditions including aging and cachexia. His basic science lab funded by a VA Merit Award is working on improving our understanding of the molecular pathways involved in the development of muscle wasting, fat atrophy and anorexia, and in the development of novel targets for these conditions.

Through several NIH funded and SIBCR administered grants, his group is also involved in several human trials in patients with cancer anorexia and cachexia aimed at characterizing the pathways involved and identifying the mechanisms of action of different potential therapies.

More recently and through industry funded grants administered by SIBCR, he has started a program to study hormonal deficiencies in the setting of traumatic brain injury (TBI).

In his spare time, Dr. Garcia enjoys hiking, fishing, and backcountry skiing. When he is not playing sports, he likes cooking and playing music. We are very pleased to have Dr. Garcia here with us at the VAPSHCS.

EMPLOYEE APPRECIATION



Come celebrate with us!

Thursday, May 19, 2016

10 AM

Building 1, Room 240

Refreshments will be served.

ANNUAL MEMBERS MEETING

Join us for fiscal year review and highlights.

Tuesday, June 28, 2016

Noon

Building 1, Room 240

Lunch will be served.